

Shame dies when stories are told in safe places – Ann Voskamp

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<https://www.celebraterecovery.com/>

<https://www.affairrecovery.com/>

<https://www.youtube.com/watch?v=DYX2MaYcJBQ>

The Hurt Pocket – Jimmy Evans

<https://www.amazon.com/Worthy-Her-Trust-Rebuild-Integrity-ebook/dp/B00ILXEY5K>

Worthy of Her Trust – Stephen Arterburn

<https://www.amazon.com/Beneath-Surface-Preventing-Recovering-Temptation-ebook/dp/B07SH9NL79>

Beneath the Surface: Preventing and Recovering from Sexual Temptation and Moral Failure - Bob Reccord